



Paris Goodyear-Brown, MSW, LCSW, RPT-S, maintains a private practice, serves as adjunct professor at Trevecca University in Tennessee. She presents frequently throughout North America and has been awarded the Play Therapy Public Education and Promotion Award by the Association of Play Therapy. She is the author five books including *Play Therapy with Traumatized Children: a Prescriptive Approach*. For more info, see [www.parisandme.com](http://www.parisandme.com).

## Strengthening the Attachment Bond: Blending Science and Technique

**Date:** Thursday, April 22, 2010, 9:00am to 4:30pm

**Location:** Koffler House/Multi-Faith Centre, 569 Spadina Avenue, Toronto

**Early Bird Rate:** \$169.00\* if you register before April 7 (after April 7: \$179.00)

Sign up for BOTH or with a friend: \$159/registration before April 7 (\$169.00 after)

**CACPT members' discount!** \$135/person before April 7 (\$143/person after April 7)

By the time families seek counselling services, parents and children may be so disconnected that they have forgotten how to enjoy each other. In biological families, parents and children may lack a goodness-of-fit that can stem from issues including mental illness, situational stressors, chronic illness, parenting styles, and the genetic predisposition of the child. In foster and adoption cases, the neglect or maltreatment that has influenced a child's development has a powerful impact on the tools needed for parents to build a lasting bond. Children who have had multiple caregivers may have an indiscriminate attachment pattern that makes it difficult for them to prefer their new parents.

All of these children struggle with asking for what they need in appropriate ways. This workshop will combine recent research in the areas of brain development, attachment styles, and how trauma and neglect affect a child's ability to relate in healthy ways.

A host of treatment goals will be broken down into sequential steps, with several engaging, nurturing techniques illustrated for each step. Innovative ways of teaching psycho-educational concepts to parents will be covered. State-of-the-art parent-child interventions will be demonstrated. Workshop attendees will leave with many immediately useful tools for helping parents and children begin to delight in each other again.

You will Learn:

- How to distinguish between healthy and unhealthy attachment patterns
- How early attachment relationships impact on the brain
- At least 10 creative techniques to work with attachment-disturbed families

*Paris Goodyear Brown is a groundbreaking innovator in child therapy. Her workshops combine up-to-date theory with creative and practical techniques. I highly recommend her workshops to practitioners who work with children and families. (Liana Lowenstein, MSW, Author of *Creative Interventions for Troubled Children and Youth*)*

### Registration Form for Strengthening the Attachment Bond

Name(s): \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
Email: \_\_\_\_\_  
Phone: \_\_\_\_\_

#### 4 ways to register!

**Web** [www.leadingedgeseminars.org](http://www.leadingedgeseminars.org)  
**Phone** 416-964-1133  
**Fax** 416-964-7172  
**Mail** 88 Major St,  
Toronto ON M5S 2L1

I will be paying the course fee of \$\_\_\_\_\_ (GST included by:

- VISA                       Mastercard                       AMEX                       Cheque

Name on card (if different from above) \_\_\_\_\_

Card number: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Please make cheques payable to Leading Edge Seminars Inc. 88 Major Street, Toronto ON M5S 2L1      CACPT

# Helping the Wild Child: Creative Techniques for Children with Behavioural Problems

*Presented by Paris Goodyear-Brown* MSW, LCSW, RPT-S

**Date:** Friday, April 23, 2010, 9:00am to 4:30pm

**Location:** Koffler House/Multi-Faith Centre, 569 Spadina Avenue, Toronto

**Early Bird Rate:** \$169.00\* if you register before April 7 (after April 7: \$179.00)

Sign up for BOTH or with a friend: \$159/registration before April 7 (\$169.00 after)

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Many children and adolescents struggle with behavioural issues. Most behavioural problems can be conceptualized as problems of dysregulation in one or more areas. Behaviour management approaches continue to be the most highly touted in the treatment of behavioural problems. However, the paradigm of behavioural problems is shifting to an understanding that they represent a lack of regulation in a particular area. As a result, an effective treatment approach will now combine strategies that stress parent and teacher roles in building a child's self-regulatory abilities, techniques that build the child's skill level in deficient areas, and strategies aimed at relationship enhancement and increasing self-esteem.

This workshop will present dozens of practical, engaging, and evidence-informed techniques for helping children who act out. Techniques will be presented to address problems with anger management, stress management, impulse control, and social skills. These techniques can be used by mental health practitioners, parents, and teachers. The strategies covered in this workshop will benefit clients with the following diagnoses: Attention Deficit Hyperactivity Disorder, Oppositional Defiant Disorder, Post-traumatic Stress Disorder, Pervasive Developmental Disorder, Autism Spectrum Disorders, and aspects of the anxiety and depressive disorders.

Video clips, slides, and hands-on experiential activities will augment didactic training.

You will learn —

- How to identify five areas of dysregulation in children
- Five treatment techniques that address impulse control and anger management
- Five strategies that address dysregulation in the child's thought life
- Five interventions that address stress management
- Five techniques which will enhance a child's prosocial skills

## Registration Form for Helping the Wild Child

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

I will be paying the course fee of \$\_\_\_\_\_ (GST included by:

- VISA                       Mastercard                       AMEX                       Cheque

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