

2010 Workshop Series

May 14, 2010

**Understanding Traumatized Children with Stephanie Rabenstein, M.Sc.,
RMFT**

Frequently children and adolescents are referred for therapy because they have experienced traumatic events. However, traumatic experiences like the children who survive them are very unique. This workshop will define the various types of responses and reactions to trauma. It will provide an integrated framework for assessing the variables that can influence a child's experience of traumatic events so that therapist makes informed decisions about what needs to be addressed in therapy with a traumatized child, when it should be addressed and why.

May 17, 2010

**Engagement, Assessment & Treatment Planning with Liana Lowenstein,
MSW, CPT-S**

This course will provide participants with an innovative model for assessing children and adolescents. Creative engagement and assessment activities will be presented. Participants will learn how to translate assessment information into a treatment plan, and guidelines for report writing will be reviewed.

May 20 & May 21, 2010

Family Play Therapy with Greg Lubimiv, MSW, CPT-S

Family play therapy has been growing in use as clinicians discover that play can be universally used with all ages. Through family therapy, the power of the system is able to be harnessed along with the power of play to create an amazing process of learning and change. This two-day course will help lay the foundation for understanding why family play therapy is effective and how to make sessions with families engaging and effective.

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May 24, 2010

The Use of Puppets in Therapy Sessions Greg Lubimiv, MSW, CPT-S

Puppets have been used for centuries to entertain and educate children and adults. In more recent times we have learned to use puppets to engage and heal children, youth and families. This session will provide participants with the key skills and requirements to help puppets come alive and be powerful tools in setting and achieving treatment goals.

May 25, 2010

Story Telling with Greg Lubimiv, MSW, CPT-S

Stories have been with us since the beginning of mankind. In fact, stories may even pre-date language as evidenced by cave-drawings. This session will explore how to use stories in therapy to assess and heal.

May 27 & May 28, 2010

Sand Tray Therapy with Barbara Jones-Warrick, M.Ed, CPT-S

Participants in this course will spend two days learning about the history, theory and practical aspects of sand tray therapy. Although some time will be spent exploring a variety of sand tray approaches, the primary model being used in this experiential workshop will be the Sand Tray World Play approach developed by Gisela Schubach DeDomenico. Participants will have opportunities to explore sand tray as a treatment modality from the perspective of the client, as observer and as therapist.

May 31, 2010

Brain Research and the Link to Play Therapy with Dr. Evangeline Munns, PhD., CPsych, CPT-S

This one day course explores current theories and research on brain development with a focus on common presenting problems encountered by therapists, such as attachment problems, neglect and trauma exposure. This overview of the key principles of neurodevelopment will be invaluable for clinicians during the assessment process and for developing effective treatment plans. This course will also review some promising treatment approaches, such as neurosequential programming.

2010 Workshop Series

June 2, 2010

Filial Play Therapy with Dr. Evangeline Munns, PhD., CPsych, CPT-S, RPT-S

Filial therapy is an educative treatment approach where principles of non-directive play therapy are taught to and practiced by the parents. The parents first learn and practice non-directive play therapy through the use of videos and role playing. They are given homework assignments to practice play therapy with their children where they follow the lead and cues of their child. Their practice play sessions are video taped and then viewed and discussed within parent therapy group. When the leader feels a parent has achieved reasonable success s/he guides the parents to continue play sessions at home with their child. Filial play therapy is short term (10-12 sessions), is adaptable to a varying number of parents and is research based.

June 3, 2010

Play Therapy for Behaviour Disorders (ODD, CD, ADHD) with Greg Lubimiv, MSW, CPT-S

This course will explore the various types of behavior disorders, i.e. ODD, CD, and ADHD. Participants will learn strategies to engage oppositional children and youth in therapy. Various play therapy techniques to treat behaviour disorders in children and youth will be presented.

June 4, 2010

Creative Techniques with Teens and Tweens with Brijin Gardner, LCSW, RPT-S

This workshop will offer innovative techniques for use with teens and tweens. Focus will include challenges and developmental concerns specific to teens in treatment. Participants will engage in experiential activities that provide an age-appropriate vehicle for assessing, engaging, building relationships and encouraging disclosure with teens and "tweens" during the treatment process. Techniques will focus on a number of treatment issues specific to teens and families seeking treatment i.e. stress, substance abuse, self-esteem, and peer acceptance.

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June 9, 2010

Cognitive Behavioural Play Therapy for Depression and Anxiety with Stephanie Rabenstein, M.Sc., RMFT

Cognitive-Behavioral Therapy (CBT) has become the treatment of choice for treating many childhood disorders. Play therapy techniques can be integrated into CBT sessions to make therapy more engaging and developmentally appropriate for children. This course will enable students to develop an understanding of Major Depressive Disorders (MDD) and Anxiety disorders that present frequently in therapy and how Cognitive-Behavioural Play Therapy can be used to treat depressed and anxious children.

June 10 & 11, 2010

Assessment & Treatment of Child Abuse and Neglect with Amanda Topham, MSW, CPT-S, PhD. (Candidate)

This two-day course will provide students with a comprehensive understanding of factors that contribute to child sexual, physical, and emotional abuse and neglect, and the damaging effects of parental maltreatment upon children. Researched assessment and treatment models for abused children will be presented including: Browne & Finkelhor's Trauma Model, Sgroi's dynamics of child sexual victimization, and Deblinger and Hope Heflin's cognitive-behavioural approach to treating sexually abused children and their non-offending parents.

June 14, 2010

Treating Bereaved Children and Children of Divorce with Liana Lowenstein, MSW, CPT-S

This dynamic workshop will present an innovative model for working with bereaved children and children of divorce. Structured assessment and treatment techniques will be illustrated for use in individual, group, and family therapy. Participants will come away with many innovative techniques. Although the focus will be on loss, interventions can be adapted for use with a variety of other populations.

June 16, 2010

Play Therapy for Children with Sexual Behaviour Problems with Amanda Topham, MSW, CPT-S, PhD. (Candidate)

This one-day interactive training opportunity will provide therapists with an empirical and theoretical understanding of the causes of children's sexual behaviour problems (CSBP). A model to assess the specific nature of children's sexual behaviours and

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their corresponding risk to harm other children will be offered. A variety of play therapy techniques will be integrated throughout to demonstrate how to move from evaluation to treatment of this vulnerable, yet problematic, client population.

June 17, 2010

Art Therapy with Betty Bedard Bidwell, PhD., OATR-S, CPT-S, RPT-S

Art Therapy is a therapeutic process that uses art as an intervention to effectively work with children, teens, and adults to address numerous issues. Art Therapy can be utilized with individuals, groups, couples or families within private practice, hospitals, schools, centers, outreach, outpatient, etc. Art therapy can be utilized to enhance the child's healing. This one day course will provide an overview of art therapy and how to use art as a therapeutic tool with children.

General Information:

Location: The University of Western Ontario,

King's College Campus, London, Ontario

Cost: \$170 plus GST (\$178.50) for CACPT Members

\$190 plus GST (\$199.50) for NON-CACPT Members

Includes breakfast, lunch, refreshments

Accommodation: King's College Dormitory,

\$40/night for private or \$35 per night for shared

For further information or to register contact Elizabeth Sharpe:

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or go to www.cacpt.com