

The Use of Art in Therapy

Overview:

Incorporating Art into Play Therapy allows the play therapist to use art and the therapeutic process as an intervention to effectively work with children, teens, adults, groups, couples, and families to address numerous issues. Art in Play Therapy can be utilized within hospitals, schools, treatment centers, outreach, outpatient, private practice etc. Art in Play Therapy is used as a full treatment modality, as well as an assessment tool. Art in Play Therapy can be utilized to enhance the child's healing journey. This is a one-day course that will provide an overview of Art in Play Therapy and how to use Art as a therapeutic tool with children.

Learning objectives:

1. Define Art Therapy
2. Identify when and how to use Art in Play Therapy
3. Describe the process of incorporating Art in Play Therapy
4. Implement a variety of art techniques