

Understanding and Treating Autism Spectrum Disorder

Overview:

Children and adolescents with Autism Spectrum Disorders (ASD) are a complex, vulnerable and rapidly increasing population who experience a multitude of mental health, developmental, sensory and health challenges. This course will provide an overview of ASDs, a review of a variety of evidence-based approaches to intervention that can be adapted for this population, including play therapy, and provide case examples for discussion among participants to assist them in planning and delivering comprehensive social, emotional and behavioral services for children with ASD.

Learning Objectives:

1. Describe the social, emotional, sensory and behavioural challenges facing children with Autism Spectrum Disorders (ASD)
2. Describe adaptations to evidence-based treatments to meet the unique needs of each child with ASD
3. Describe linkages required with other systems (family, educational system, health system) required for a comprehensive, integrated approach to intervention