

Case Application

Overview:

The CACPT Play Therapy Certificate Program has provided participants with a broad array of models, theories and strategies to deal with a wide variety of mental health issues and disorders in the clinical world. This presentation will integrate the course material learned in the three levels of the Certificate Program program and will apply these learnings to a case study. The instructor will discuss the case from referral to termination, including which model of intervention to select and which strategies to use in the various stages of treatment: Assessment, Treatment Planning, Intervention and Termination. Participants will explore how alternative clinical decisions might impact the case.

Learning Objectives:

- 1) Identify the different stages of treatment as they relate to the case, and the key factors for each stage
- 2) Develop options for the case at each stage of treatment based on a theoretical framework
- 3) Determine when clinical direction/decisions need to be re-considered and reformulated for the case
- 4) Discuss how different theoretical models can be applied to the same case
- 5) Develop ongoing hypothesis to guide direction of the case
- 6) Identify challenges of this case and develop strategies to deal with these challenges