

Puppetry and Storytelling

Overview

Puppets have been used for centuries to entertain and educate children and adults. In more recent times we have learned to use puppets to engage and heal children, youth and families. This half-day session will provide participants with the key skills and requirements to help puppets come alive and be powerful tools in setting and achieving treatment goals.

This course will explore the value and use of Storytelling in Play Therapy sessions. Stories have been with us since the beginning of mankind. In fact, stories may have even pre-dated language as evidenced by cave drawings. This session will explore how to use stories in play therapy to assess and heal.

Puppetry Learning Objectives:

- 1) Become familiar with different types of puppets and how to select puppets to address various treatment themes;
- 2) Become more comfortable in using puppets;
- 3) List the 5 basic skills in bringing a puppet to life;
- 4) Utilize puppets to deal with issues such as stealing, resistance and joining;
- 5) Describe what to do if a child discloses abuse during puppet play;
- 6) Identify how to interpret themes in puppet play and how to respond;
- 7) Expand repertoire of interventions using puppets.

Storytelling Learning Objectives:

- 1) Describe the power of Storytelling;
- 2) Utilize assessment stories;
- 3) Create and use treatment/healing stories;
- 4) Articulate the basic ingredients of creating effective stories;
- 5) Become more comfortable in using storytelling;
- 6) Be able to integrate storytelling with children, youth, adults, families and groups;
- 7) identify resources to assist our development of storytelling.